

(Breakthrough, Fall 1987)

THE FIFTH ANNUAL PROFESSIONAL SEMINAR OVERVIEW

by Leslie France, TMI Projects Director

On August 9 through 13, the Institutes Professional Division sponsored the Fifth Annual Professional Seminar at The Monroe Center in Virginia. To commemorate this anniversary and acknowledge the growth of the Professional Division during the past five years, we celebrated several “firsts” for the Professional Seminar:

- The first time such a large group has ever assembled at the Center. Sixty-five to ninety participants registered for each session, representing seventeen states, Canada, England, France and Hong Kong.
- The first program to be developed on a theme. The concept of “Fear, Death and Transformation” offered a forum from which to consider and challenge our perceptions of change, limits and potential with the use of Hemi-Sync® as a facilitating tool.
- The first Seminar to establish opportunities for formal collaboration. From brainstorming sessions, working groups formed to initiate and develop several highly creative and significant projects, focusing on esoteric as well as technical applications of Hemi-Sync. (*See below*)
- The first Seminar to feature an internationally-known speaker. Dr. Elisabeth Kubler-Ross addressed the group on her experiences with death and transformation and her present ambition—to propose the concept of unconditional love as an attainable ideal.

A spirit of transformation was characteristic of the Seminar. That spirit was reflected by the speakers who presented topics ranging from creativity, death and manifestation to medicine and organizational evolution.

Transformation was demonstrated in the scope and quality of the projects being developed. And it was confirmed by the level of commitment and enthusiasm of the participants.

NEW PROJECTS

See the updates on these reports in the following Topic Areas:

Hemi-Sync Exercises/Cardio-vascular/Breakthrough 1988-4 Healing Tapes Update - Suzanne Jonas

Psychiatry – Psychology/Death – Dying/Breakthrough 1988-4 Life Transitions Update - Ruth Domin

Populations/Hospice/Breakthrough 1988-4 Life Transitions Update - Ruth Domin
Miscellaneous/Synthesizer/Breakthrough 1988-4 Making Customized Tapes With The Hemi-Sync® Synthesizer - Kristen Eichleay
Physiology/Brain-Mapping/Breakthrough 1988-4 Neurophysiology Effects & Hemi-Sync Automation Synthesizer - F. Holmes Atwater
Breakthrough 1988-4 Tapes For Children - Suzanne Morris
[Editor's note: As of the 1988 Fall Breakthrough, this group project was still under development.]
Perceptual Studies/Group Mind/Breakthrough 1988-4 The New Medicine-Group Mind Update - Teena Anderson

HEALING TAPES

The purpose of the Healing Tapes project is to develop Hemi-Sync® tapes for use with specific illnesses or diseases. The project group has targeted the first tape in this series on diseases or malfunctions within the cardiovascular system. An outline for a visualization script was completed at the Professional Seminar. The final detailed script will be overlaid on either an already existing METAMUSIC® tape or newly composed music and Hemi-Sync. The tape will then be tested in the field. Several of the committee members are in a position to implement studies with cardiac patients. To be effective it will be necessary to test the tape as widely as possible.

Project Leader: Dr. Suzanne Jonas.

Group Members: Mark Charriff, Virginia Morasani, Albey Reiner, Bob Roalfe, David Sprunt, David Stanley, Rolando Torres.

TAPES FOR CHILDREN

The purpose of this project is to enable children, their families and educators to have the advantage of the Hemi-Sync technology, and thereby move toward achieving their maximum potential in the face of outside pressures and social conditioning. The project goals are to research and develop a pilot tape in two separate versions appropriate for two age groups: 3-6 years and 7-11 years; develop a series of Hemi-Sync audiotapes for each age range which will encourage, nurture, guide and support their self-empowerment, self-respect, and creativity. The group will then utilize a process of field testing and continuous evaluation in the refinement and development of the tape series.

Project Leader: Suzanne Morris.

Group Members: David Cannon, Phyllis Fitzgerald.

LIFE TRANSITIONS

The Life Transitions group will develop and test a package of Hemi-Sync tapes which will support patients, clients, families and health care providers who are dealing with life transitions such as critical illness, death, bereavement, retirement, and adjustment to physical disability. The purpose of these tapes is to ease the process of transition. The project will explore avenues and protocol for the use of Hemi-Sync tapes with the targeted population and their support networks, and gather information on the types of stress this population is experiencing, including pain, anxiety, depression, insomnia, weakness (physical and psychological), fear, worry, guilt, disapproval or rejection. Based on need assessments and feedback from potential users, the group will develop tape scripts, test tapes, and user support manuals.

Project Leader: Ruth Domin.

Group Members: Jill Russell, Kevin Scott-Carroll, Harry Shay, Bayard Stockton, Carolyn D. Sullivan, Ralph Wiggins, Brenda Williams, Sandra Yuck.

CREATING CUSTOMIZED HEMI-SYNC TAPES AND OTHER APPLICATIONS OF THE HEMI-SYNC SYNTHESIZER

The purpose of this project is to create a manual which will identify and describe the process of customizing Hemi-Sync tapes for specific needs of individuals and offer other possible applications of the synthesizer. The goal of this manual is to: allow professional users to utilize their synthesizers to create individualized tapes; expand use of the synthesizer; identify applications of the synthesizer currently in use; facilitate ease of use of the synthesizer for non-technical individuals; allow for the creation of background environment; identify equipment required for use with the synthesizer; and identify possible sources of equipment. Synthesizer owners will be surveyed by the group for input into the manual.

Project Leader: Kristen Eichleay.

Group Members: Stephen Bladd, Jack Bruns, Robert Bushman, Alan Goodwin, Judy Miller, Roger Reckis, Joy Supplee.

NEW MEDICINE/GROUP MIND

This group assembled in response to information which came through in a lab session at TMI last spring, indicating that the Professional Seminar would present an opportunity for interdisciplinary professionals to initiate a unique and powerful method of healing, which could alter our fundamental concepts about illness and wellness. The concept of a "group mind" developed as the vehicle for this change.

As there is no pre-existing structure for this “group mind,” the project group intends to allow its development to evolve based on this operational statement: “To focus group mind in order to aid in developing, teaching, and otherwise quietly spreading techniques that allow healers to improve their impact. Such impact must be seen in terms of the ability of healers to ease disease in themselves and others. This concept sees all persons as healers, whether or not they are involved in professional practice. The idea of disease and its antithesis of ‘being-at-ease’ must be defined by each person for himself.” As a means of expanding group mind and enhancing healing techniques, the group will, among other things, sponsor workshops. The first scheduled workshop will take place January 10-14, 1988 at TMI Center in Virginia.

Project Leader: Teena Anderson.

Group Members: Ria Ericson, John Leerskov, James MacMahon, Jean Mandola, Jill Russell, Antoinette Santodonato, Elisabeth Schlemmer, Kevin Scott-Carroll, Bayard Stockton, Marcia Thompson, Connie Townsend, Jean Wallis, Martin Warren, Rita Warren, Brenda Williams, Peter Wilson.

PHYSIOLOGICALLY CONTROLLED HEMI-SYNC SYSTEM

This project group will develop a physiologically controlled Hemi-Sync system, wherein an individual user’s physiology is taken into account in the production of Hemi-Sync sound beds. The first generation system will measure brain wave activity and, based on that data, automatically modify Hemi-Sync frequencies. This system will optimize the frequency following response (FFR) of Hemi-Sync. Population-wide, the effectiveness of Hemi-Sync ranges from 65% to 85%. Members will develop physical and psychological protocols for human subject testing, assemble the necessary equipment and software, develop programming and system design, and seek funding.

Project Leader: Skip Atwater.

Group Members: Michael Ax, David Lambert, Christopher Rosing, Rick Sanger, Stan Townsend, Ray Waldkoetter.

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